## **Brief description:**

The Revised Child Anxiety and Depression Scale (RCADS) is a 47-item, youth self-report questionnaire with subscales including: separation anxiety disorder, social phobia, generalized anxiety disorder, panic disorder, obsessive compulsive disorder, and major depressive disorder. Parental version also available. Items are scored based on frequency (never to always).

## **Notes:**

- Each item is assigned a numerical value from 0-3, where 0 = Never, 1 = Sometimes, 2 = Often, and 3 = Always. For each subscale add the numerical values for each item together.
- This scoring manual is intended to be used only with the questionnaire version on braincode.ca.

Construct	Type of measure	Scoring	Variables from Data Dictionary
Social Phobia	Continuous	Summed score of items 4, 7, 8,	rcads_004 + rcads_007 +
		12, 20, 30, 32, 38, 43	rcads_008 + rcads_012 +
			rcads_020 + rcads_030 +
			rcads_032 + rcads_038 +
			rcads_043
Panic Disorder	Continuous	Summed score of items 3, 14,	rcads_003 + rcads_014 +
		24, 26, 28, 34, 36, 39, 41	rcads_024 + rcads_026 +
			rcads_028 + rcads_034 +
			rcads_036 + rcads_039 +
			rcads_041
Major	Continuous	Summed score of items 2, 6, 11,	rcads_002 + rcads_006 +
Depression		15, 19, 21, 25, 29, 40, 47	rcads_011 + rcads_015 +
			rcads_019 + rcads_021 +
			rcads_025 + rcads_029 +
			rcads_040 + rcads_047
Separation	Continuous	Summed score of items 5, 9, 17,	rcads_005 + rcads_009 +
Anxiety		18, 33, 45, 46	rcads_017 + rcads_018 +
			rcads_033 + rcads_045 +
			rcads_046
Generalized	Continuous	Summed score of items 1, 13,	rcads_001 + rcads_013 +
Anxiety		22, 27, 35, 37	rcads_022 + rcads_027 +
			rcads_035 + rcads_037
Obsessive-	Continuous	Summed score of items 10,16,	rcads_010 + rcads_016 +
Compulsive		23, 31, 42, 44	rcads_023 + rcads_031 +
			rcads_042 + rcads_044

## Reference:

1. Chorpita B, Moffitt C, Gray J. Psychometric properties of the Revised Child Anxiety and Depression Scale in a Clinical Sample. Behaviour Research and Therapy. 2005; 43:309-322.